



CERTIFICATE **OF PARTICIPATION**

This is to certify that

Graham Matthews

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 03:55:38

PACE 05:36/km **OVERALL** 94 of 834

08 July 2023, Sat

outLime

GENDER 77 of 563

40+ 18 of 161

Date